

Sone Se Pehle Ki Ek Ajeebo Garib Dua Aur Aadab

Mufti Ahmad Khanpuri d.b.

1. Vuju karke sona.
2. Sidhi karvat par sidhe haath ki hatheli sidhe gaal ke niche rakh ker sona.
3. Dusre azkar aur dua ke alavah ye dua sab se aakhir me padhna, is ke baad koi baatchit ya kaam nahi karna.

Fazilat- agar neend me hi maut aagayi to islam aur imaan par khatmah hoga, aur agar subah ko bedar huva, to bhalaai ko paalega.

Ajeebo Garib Dua

Hadees 814. Hazrat Barra bin Aazib rd farmate he ki Huzur ﷺ jab sone ke liye apne bistar par tashrif laate to apni dahini karvat par lette aur ye dua padhte the,

Dusri rivayat me unhone ye baat bhi batlaai

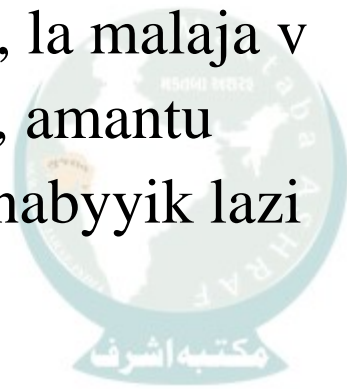


he ki Huzur ﷺ ne bakayda unko mukhatab banakar farmaya jab tum apni khabgah (bed room) me aavo, apne bistar par pohcho yani sone ka iraada karo, to pehla kaam to ye karo ki jaisa namaz ke liye vuju karte he aisa vuju karo aur dahini karvat par let javo fir ye dua padho

(ye ek lambi dua he jo ki Huzur ﷺ ne sote waqt padhne ke liye batlaai he, is dua ke ajeebo garib alfaaz he, aur isme tavakkul aur tafaviz ki ajeeb shaan paayi jaati he)

DUA

Alallahumm asalamatu nafasi ilayak, v
vajjahatu vajahi ilayak, v favvaztu amari
ilayak, v alajaatu zahari ilayak,
ragabatan v rahabatan ilayak, la malaja v
la manja mink illa ilayak, amantu
bikatabikal lazi anzalat, v binabyyik lazi
arsalat.



Tarjuma- aye allah! mene apne aapko tare havale kar diya, mene apni jaan ko tere taabe bana diya aur mene apna chehra aur apna rukh teri taraf kar diya aur apni pith ko mene teri panaah me de diya, tujh se ummid e vabasta he aur tera darr aur khauf bhi he, aye allah! panah aur najat ki jagah tere alava koi aur nahi he, aye allah! Jo kitab tu ne utari he is par me imaan laya, aur jis nabi ko tune bheja is par bhi mera iman he.

Huzur ﷺ ne farmaya aakhri kalam tumhari zaban ka yahi hona chahiye (agar issi haalat me so gaye aur maut aayi, to imaan par maut aayegi).

**Havala- Hadees ke Islahi mazamin (urdu nayi edition
pg/102,103 se lipyantar)**

